

# DR. MONTAGUE'S ANTI-VIRUS HOME REMEDY

[Patented & guaranteed to work under most domestic conditions]

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## DIRECTIONS:

The infusions below to be taken and used with the following instructions:

1. **Print and place** *The Montague Remedy- YouTube List* on the fridge with a magnet.
2. **Write numbers 1 through 65** in black ink on an A4 piece of paper.
3. **Cut out and fold** the 65 individual numbers with enough blank space so they can be folded, covered, and not seen.
4. **Place the folded numbers in a jam-jar** and store in a safe place out of the sunlight.
5. **Assign a moment of repose** each day to visit the jar and carefully remove 1 number.
6. **Match the number** revealed with the number on the *Remedy* chart.
7. **Flip a coin** to determine the bonas of an accompanying drink:  
Heads = YES, tails = NO.
8. **If a DRINK is determined, flip coin** again to determine alcoholic, or a non-alcoholic?  
"Alcoholic" allows the option of a second choice from the *Remedy* List, if desired.
9. **Find the appropriate YouTube site** on your computer. Sit comfortably. Relax. ingest the complete content. Post infusion: reflect pensively for 5 minutes. Return to work.
10. **Dispose of used paper** numbers responsibly.

## PRESCRIPTION RENEWAL:

**THIS REMEDY MAY BE RENEWED IN 2 MONTHS' TIME SHOULD THE VIRUS PERSIST.**

**N.B.** The Montague *Remedy List* may be shared with friends and colleagues but should be withheld from miscreants, ding-dongs and suspected frilly-dillies. Hopefully a further *Anti-Viral Remedy* prescription will not be necessary since the "All Clear" is expected sooner rather than later and according to Donald J. Trump. By Easter churches should be full and everyone dialled back to normal. Great comfort, encouraging, and of course surely Gospel as it's coming from the esteemed Leader of the free world. *Bovem de humo operies Amen.*

## **The Two Month (65 day) Anti-Virus Remedy Supply List:**

1. Florida State University: The Marching Chiefs Drumline\_pre-game event  
<https://www.youtube.com/watch?v=sPRy-BTp77E>

2. Diane Arbus (photographer) Documentary interviews 1972  
[http://www.openculture.com/2012/10/1972\\_diane\\_arbus\\_documentary\\_interviews\\_those\\_who\\_knew\\_american\\_photographer\\_best.html](http://www.openculture.com/2012/10/1972_diane_arbus_documentary_interviews_those_who_knew_american_photographer_best.html)

3. Harold Arlen: *Somewhere over the Rainbow*, Judy Garland 1939  
<https://www.youtube.com/watch?v=PSZxmZmBfnU>

4a. Yuja Wang: *Flight of the Bumblebee* Breath-taking prestissimo!!!  
[https://www.youtube.com/watch?v=8alxBofd\\_eQ](https://www.youtube.com/watch?v=8alxBofd_eQ)

4b. Yuja Wang: *Tea for Two* encore  
<https://www.youtube.com/watch?v=MCUjgdqE90>

5. Royal Marines: Top Secret Drum Corps  
<https://www.youtube.com/watch?v=gszGQyZqifA>

6. Franz Liszt: *B minor Sonata* Yuja Wang, piano  
[https://www.youtube.com/watch?v=qnPMXk\\_GaN8](https://www.youtube.com/watch?v=qnPMXk_GaN8)

7. Beethoven: *4<sup>th</sup> Symphony*, last movement analysis  
[https://www.youtube.com/watch?v=UB76keYB6Q4&feature=youtu.be&utm\\_source=wordfly&utm\\_medium=email&utm\\_campaign=MKT%3AenewsMarChLPOnline&utm\\_content=version\\_A&sourceNumber=39581](https://www.youtube.com/watch?v=UB76keYB6Q4&feature=youtu.be&utm_source=wordfly&utm_medium=email&utm_campaign=MKT%3AenewsMarChLPOnline&utm_content=version_A&sourceNumber=39581)

8. *Ol' Man River*: Jerome Kern/Oscar Hammerstein, Paul Robeson 1936  
<https://www.youtube.com/watch?v=eh9WayN7R-s>

9. Alexander Akexandrov: *USSR National Anthem*, Red Army Chorus 1944  
<https://www.youtube.com/watch?v=sxTbfeYd00>

10. Beethoven *5<sup>th</sup> Symphony* analysis – conductor Gerard Schwartz  
<https://www.youtube.com/watch?v=c4hZY5h84Wc>

11. *Battle Hymn of the Republic* – Mormon Tabernacle Choir, Utah  
<https://www.youtube.com/watch?v=QSiVjlknuSw>

12. Ohio State University Marching Band- Football Stadium entry  
<https://www.youtube.com/watch?v=WdWolVsKIAI>

13. *God Save the Queen* – arranged by Benjamin Britten, BBC Proms  
<https://www.youtube.com/watch?v=mV1-OkHQ9KQ>
14. Tchaikovsky *Piano Concerto 1*. Horowitz/Toscanini, NBC Symphony, Live at Carnegie Hall, 1943  
<https://www.youtube.com/watch?v=4ksVduF2rr4>
15. Leonard Bernstein: *History of Music* talk, Harvard Lecture 1960s  
<https://www.youtube.com/watch?v=Gt2zubHcER4>
16. Benjamin Britten interview 1968  
<https://www.youtube.com/watch?v=41uBCBzsz2U>
17. John Cage *3 Dances* for 2 prepared pianos, 1945  
<https://www.youtube.com/watch?v=p7aMUR5x7yA>
18. Toscanini in a rage with the NBC Symphony's double bass section 1943  
<https://www.youtube.com/watch?v=i-1KtSOwLXE>
19. Stephen Scott- *Entrada* (2009) Bowed Piano Ensemble, Colorado  
<https://www.youtube.com/watch?v=14jPvnWhdNM>
20. Bernstein: *West Side Story Suite*, Simon Bolivar Youth Orchestra, Gustavo Dudamel  
[https://www.youtube.com/watch?v=J\\_NelA3ZW4g](https://www.youtube.com/watch?v=J_NelA3ZW4g)
21. Montague: *Intrada 1631* University of Texas Wind Ensemble, Jerry Junkin 2017  
<https://www.youtube.com/watch?v=QcW599NwFX4>
22. Liberace: *Boogie Woogie* 1955  
[https://www.youtube.com/watch?v=teiH6IF\\_M\\_Y](https://www.youtube.com/watch?v=teiH6IF_M_Y)
23. Paganini: *Caprice no. 5* played by 19 year old Sumina Studer  
<https://www.youtube.com/watch?v=0jXXWBt5URw>
24. *Into the Faddisphere* – Jon Faddis, screech trumpet  
<https://www.youtube.com/watch?v=HPmtGvp8VJ4>
25. Conlon Nancarrow: *Study for Player Piano no. 7*  
<https://www.youtube.com/watch?v=tWnK5DImlIU>

26. Conlon Nancarrow: *Study for Player Piano no. 7* arranged for chamber ensemble by Yvar Mikhashoff London Sinfonietta  
<https://www.youtube.com/watch?v=59G8SBwq1-Y>
27. Jay Unger: *Ashokan Farewell*, Jay Unger/ Molly Mason Family Band  
<https://www.youtube.com/watch?v=2kZASM8OX7s>
28. Robert Craft remembers: "*Stravinsky in Hollywood*"  
<https://www.youtube.com/watch?v=ZCtPUGVLZww>
29. Stravinsky talks about *The Rite of Spring*  
<https://www.youtube.com/watch?v=3vwq1AyYGzo>  
<https://www.youtube.com/watch?v=RZEsmbcwngY>
30. Jackson Pollock talks about live painting  
<https://www.youtube.com/watch?v=eycL8JMaxRw>
31. Gloria Coates: *Symphony No. 1 "Music on Open Strings"* (1974)  
<https://www.youtube.com/watch?v=mV7V-EEI2Uc>
32. Admiral McRaven inspiring graduation address: University of Texas, Austin, Class of 2014  
<https://www.youtube.com/watch?v=yaQZFhrW0fU>
33. Purcell: *Music for the Funeral of Queen Mary*  
<https://www.youtube.com/watch?v=AYELAu9hqdu>
34. Salvador Dali on Dick Cavett Show  
<https://www.youtube.com/watch?v=TA7esbxbuLI>
35. John Rutter: Advice for Emerging Composers  
<https://www.youtube.com/watch?v=fHUqwxL9uEA>
36. Sylvia Plath interview 1962  
<https://www.youtube.com/watch?v=g2IMsVpRh5c>
37. *Swing Time*: Ginger Rogers & Fred Astaire  
<https://www.youtube.com/watch?v=mxPgplMujzQ>
38. David Sedaris: diaries that paint a life spent in observation  
<https://www.youtube.com/watch?v=Do2cr1OWY9c>

39. *The King Who Invented Ballet: Louis XIV and the Noble Art of Dance*, 90 min. BBC Documentary, Sir David Bintley, Birmingham Royal Ballet, orchestral score: Stephen Montague. Ballet performance starts at 58:30 minutes

<https://www.youtube.com/watch?v=NTJlIFhg85Q>

40. Akira Kurosawa: Advice to aspiring film makers 2016

<https://www.youtube.com/watch?v=r-McmgQbee0>

41. Anna Meredith: *Inhale Exhale* 2019

<https://www.youtube.com/watch?v=05o1gMSEOLo>

42. Johnny Cash, Mark O'Connor (vln), The Charlie Daniels Band:  
*Devil Comes Back to Georgia* 2017

<https://www.youtube.com/watch?v=L0XUTD7QYcs>

43. Kevin Puts: Advice for young composers

<https://www.youtube.com/watch?v=wRSGjUC10kY>

44. Diamanda Galas interview 1992

[https://www.youtube.com/watch?v=wWCdvPBhE\\_s](https://www.youtube.com/watch?v=wWCdvPBhE_s)

45. *Saltarello* 14<sup>th</sup> Century

[https://www.youtube.com/watch?v=yzW1P\\_v6-to](https://www.youtube.com/watch?v=yzW1P_v6-to)

46. Renaissance dance music in a French Castle, Le Banquet du Roy

<https://www.youtube.com/watch?v=vxPB76pmWss>

47. Wagner: *Siegfried's Funeral Music – Götterdämmerung*, Vienna Philharmonic, Georg Solti

<https://www.youtube.com/watch?v=nkOiKy6sXfM>

48. Mozart: *Requiem/ Lacrimosa*

<https://www.youtube.com/watch?v=sWHKNNJQBDo>

49. Bach: *B minor Mass/Gloria* Karl Richter 1969

<https://www.youtube.com/watch?v=izVzruuk1lc>

50. Verdi: *Aida/Trumphant March* The Met 1989

<https://www.youtube.com/watch?v=l3w4I-KEIxQ>

51. Steve Reich: *Music for 18 Musicians*, Temple University Percussion Ensemble, Philadelphia  
[https://www.youtube.com/watch?v=71A\\_sm71\\_BI](https://www.youtube.com/watch?v=71A_sm71_BI)
52. Astor Piazzolla: BBC interview 1989  
<https://www.youtube.com/watch?v=dt5pQqxWlaE>
53. T S Eliot recites *The Hollow Men*  
<https://www.youtube.com/watch?v=WAWaZqDf-VE>
54. How a jet engine works  
<https://www.youtube.com/watch?v=KjiUUJdPGX0>
55. Dr. Tessa Montague explains how CRISPR/Cas9, a new technique revolutionizing science, works to knock out or mutate genes, Harvard.  
<https://www.youtube.com/watch?v=bXnWIk8FgKc>
56. Carlo Gesualdo di Venosa: *Tristis est anima mea* believed to have been written shortly before he murdered his wife and her lover in 1590.  
<https://www.youtube.com/watch?v=JZAs9LjJAHU>
57. Jimmy Page: *How Stairway to Heaven was Written*, BBC News  
<https://www.youtube.com/watch?v=DDo4CA13LbY>
58. Bertrand Russell on Philosophy, 1960  
[https://www.youtube.com/watch?v=Rv\\_Ci4dB3NY](https://www.youtube.com/watch?v=Rv_Ci4dB3NY)
59. Gloria Steinem: *Advice to Young Women: Listen to Yourself, Not Me*. 2015  
<https://www.youtube.com/watch?v=4XCJiuebI5c>
60. Merce Cunningham: *Rain Forest*. David Tudor, music  
<https://www.youtube.com/watch?v=z21656ISUbg>
61. David Hykes: *Arc Descents*, The Harmonic Choir 2007 all done by voices alone singing harmonic series (no electronics).  
<https://www.youtube.com/watch?v=E1nBJB8hwKE>
62. Leoncavallo: *Pagliacci/ Vesti la giubba* Luciano Pavarotti  
<https://www.youtube.com/watch?v=Z0PMq4XGtZ4>

**63. World Whistling Champion: Geert Chatrou**

<https://www.youtube.com/watch?v=zO-aCQ6xH-8>

**64. African Drumming (Baro) *FOLI*: a film by Thomas Roebers and Floris Leeuwenberg**

<https://www.youtube.com/watch?v=IVPLluBy9CY>

**65. Trump explains what happens at Easter this year!**

<https://digg.com/2020/trump-impression-coronavirus>