

Contact

A companion piece for *Constellation*: an audio collage based on numerous small individual contributions, devised by Sheena Phillips

Constellation evoked our distance from each other and our isolation. *Contact* will evoke what it was (and will be) like to be in touch with each other.

Instructions

Imagine or remember what it's like to be close to someone.

Record yourself (with or without your housemates) making short (1 – 10 second) bursts of sound that in some way evoke any of:

- what it might be (or was) like to hug – or kiss – a friend or family member who you have been separated or socially distancing from
- what it would be (or was) like to sing or play music in a group
- what it would be (or was) like to eat out with a bunch of friends
- what it would be (or was) like to go to school again
- or any other kind of social contact that you look forward to

Your contributions can be vocal (sung or spoken) or instrumental or electronic.

They might be musical exclamations, or held chords, or a sequence of harmonies, or squeals, or muffled noises, or.....

They can be thrilling or joyful, happy or sad.

They might be extracts from past recordings of favourite performances.

They might quote from love songs or poems (as long as they are out of copyright).

Send an audio file (MP3, not WAV, not video) to Sheena's email address below.

Technical

- on Android or iPhone, use a voice recording or voice memo app
- on a computer, use Sound Recorder (Windows) or QuickTime (Mac OS) or GarageBand or Audacity (if you are adventurous with new software)

An evolving piece

I'll combine the recordings and the resulting *Contact* will be posted online (linked from www.coma.org/lockdown)

A third movement, *Consolation*, based on the Welsh song *Ar Hyd Y Nos*, is also being plotted. Stay tuned! And please send recordings!

Sheena Phillips

Composer, Choral Director, CoMA Singers member, Friend of CoMA

Website www.sheenaphillips.com

Email sheenaphillips@gmail.com